

# HELP ME; I WANT TO TRUST

Aug. 29 & Sept. 1, 2024

Proverbs 3:5-6

### What promise does God make, and what will He do?

God will guide you and \_\_\_\_\_.

God is teaching us what we need to know so we won't veer off \_\_\_\_\_

\_\_\_\_\_.

### What commands is God asking of us, and what will you do?

#### 1. \_\_\_\_\_ God

It is possible to believe in God and trust in \_\_\_\_\_.

#### How do you trust in the LORD with all your heart? (Jerry Bridges – Trusting God)

- a. Acknowledge God's \_\_\_\_\_ (Ps. 103:19)
- b. Believe in God's \_\_\_\_\_ (Rom. 11:33)
- c. Rest in God's \_\_\_\_\_ (Rom. 5:8)
- d. Rely on God's \_\_\_\_\_ (2 Cor. 1:20)
- e. Submit to God's \_\_\_\_\_ (Rom. 8:28)

#### How do I know if I am trusting God? (Rom. 15:13)

- a. There is \_\_\_\_\_
- b. There is \_\_\_\_\_
- c. There is \_\_\_\_\_
- d. There is \_\_\_\_\_
- e. There is \_\_\_\_\_

#### 2. \_\_\_\_\_ on God

It is possible to depend on our own wisdom and experience and on the

\_\_\_\_\_.

#### 3. \_\_\_\_\_ God

It is possible to have knowledge of God and not know Him, and

\_\_\_\_\_.

Have questions from today's sermon?

Text them to **904.438.4435** then listen to our Q&A podcast, available Sunday afternoon.

Search **CFCJAX** wherever you listen to podcasts.



## Help Me; I Want to Trust

### LOOK BACK

- **BLESS:** How has the Spirit of God prompted you to reach out to others in the last week or two? What actions or steps did you take?
- **Praise: Psalm 56-** Give praise to God for WHO He is and WHAT He has done and an affirmation of where our hope is. (How have you seen him work, answer a prayer, bless you or someone else?)
- **Confession:** When you turn away from God, what worldly desire are you prone to turn to?

### LOOK IN

- How does the response of the father in Mark 9:24 encourage you to bring your doubts honestly before God and ask for His help to trust?
- In light of James 1:5-6, how can you actively seek wisdom from God without doubting, trusting that He generously gives to those who ask in faith?
- How does remembering God's past faithfulness help you move from doubt to trust in Him?
- In which areas of your life do you find it challenging to trust God? How do you actively practice wholehearted trust in God, especially during these challenging times?
- Share a time when you trusted God and saw Him "make your paths straight". How did God guide or direct your steps when you placed your trust in Him?
- What are some common barriers people face to fully trust God, and how can we overcome them?
- What areas of your life do you rely on your own understanding the most? When are you most inclined to turn to others instead of turning to God?
- How can we "acknowledge Him" or, as we have discovered, "know Him" even better as Proverbs 3:6 instructs? What practical habits or practices would you like to change to know God more?
- What questions, concerns, or doubts do you have regarding what you have heard and read?
- How did the Holy Spirit speak through this passage to inform, remind, convict, or encourage you?
- For Further Study: Read these passages to deepen your understanding.
  - Jeremiah 17:7-8
  - Psalm 37:5
  - Matthew 6:33
  - Isaiah 26:3
  - Philippians 4:6-7

### LOOK FORWARD

- Closing Prayer
  - Requests: What are you asking God to do in and through you in the coming week?
  - Relinquishment: Present your body to God as an instrument to work in and through for His glory.