#### I. Introduction.

### II. How can a godly person backslide?

- A. There are no more worlds to conquer. II Sam. 1-4, 6, 8, 10
- B. Limitations are faced for the first time. II Sam. 7
- C. Lethargy sets in. II Sam. 11:1
- D. Idleness and boredom lead to sinful diversions. II Sam. 11:2

# III. David's mid-life failure continues to be repeated in the lives of many people today.

- A. They have achieved success in their life's work.
- B. They have reached a plateau and dreams have died.
- C. Boredom and laziness set in.
- D. They seek sinful diversions.

### IV. What are the spiritual causes of backsliding?

- A. Sin proceeds from the heart. Mark 7:21-23 Ps. 51:10,12
- B. Ingratitude. II Sam. 12:7-8
- C. Undervaluing the things of God. <u>II Sam. 12:9-10</u> Gen. 25:9 Rev. 2:4 Jer. 17:5-8
- D. Idolatry. Isa. 55:1-2
  - 1. People turn to idols to bring the satisfaction only God gives. Isa. 55:1-2
  - 2. The backslider needs to realize his problem is not that the world is passing him by, but rather that he is not valuing God and finding fulfillment in Him.

#### V. How can you overcome (or avoid) backsliding?

- A. Be on your guard. I Ti. 4:16 Acts 20:28 Pr. 4:23
  - 1. Don't think that it can't happen to you. I Cor. 10:12
  - 2. Neglect of the small things can lead to a big disaster. James 1:15
  - 3. It is possible for a spiritual leader (or any other Christian) to carry on his duties with apparent success while harboring secret sin.
  - 4. Remember the consequences of your fall. II Sam. 12:10-15 Pr. 7:22
- B. Seek help. Don't wait for Nathan to show up on your doorstep!
  - 1. Make yourself accountable.
  - 2. If you are living a lie, come clean. Js. 5:16 Ps. 32:1-5 51:17
  - 3. Watch out for one another. Ga. 6:1-2 Pr. 27:6

- C. Remain faithful to your present calling.
  - 1. Continue to cultivate the gifts and opportunities God has given you, whatever your vocation may be. II Ti. 1:6 Col. 3:23
  - 2. Accept each phase of life is God's plan for you. Ecc. 3:1,11 Ti. 2:3f
  - 3. Make good use of the time God has given you. He is not done with you yet. Psalm 90:12,17 Pr. 20:29
  - 4. Be determined to finish well. I Cor. 9:27 II Ti. 4:6-8
- D. Find your joy in the LORD.
  - 1. Put off the false hope of satisfaction or bliss from earthly things. Isa. 55:2
  - 2. Cultivate a living relationship with God.
  - 3. Be thankful for God's past faithfulness to you.
  - 4. Learn the secret of being content in the present. Phil. 4:11f
  - 5. Keep a redemptive focus.
  - 6. Live in light of the future. I John 3:2-3 II Pet. 3:11 II Cor. 4:17-18 Rom. 8:18
  - 7. Your legacy is in heaven. Mt. 6:19-21

# VI. Concluding application.

## **Discussion Questions for Family Worship**

- 1. What circumstances in King David's life may have led up to his fall into sin?
- 2. How do men and women today face the same temptations?
- 3. What are the spiritual causes of David's spiritual fall?
- 4. How can idolatry lead to backsliding?
- 5. Why does everyone need to be on guard against imitating David's sin?
- 6. What should you do in order to prevent backsliding?
- 7. How can we help each other?
- 8. What should you do if you sense you are backsliding?
- 9. How can you have a joy which is completely secure?

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