

True Humility Inventory (regarding your behavior before God)
From Wayne Mack's book "Humility", p. 56-58

True Humility Inventory
(regarding your behavior before God)

Rate according to the following scale:

4=usually true of you

3=frequently true of you

2=sometimes

1=seldom

0=never

On the items for which you recognized your lack of humility, confess that lack to God as a sin and ask Him for help to change. Periodically, come back and complete this inventory again to evaluate your spiritual growth. Perhaps you would like to ask an honest, brave, and loving friend to rate you on these items as well.

1. I heartily and freely acknowledge my insignificance and littleness before God.
2. I freely confess my sinfulness and unworthiness to God and acknowledge that I am totally unworthy of His mercy and grace.
3. I am distrustful of myself (Is 2:22; Jer 17:5-6) and know that ultimately I can put my complete and absolute trust only in God (Jer 17:7-8).
4. I renounce all the glory of the good I possess and do, and give God all the glory and credit (Ps 115:3).
5. I am respectful of and receptive, responsive, and obedient to God's Word even when it tells me to do what is difficult and contrary to my own opinion or the opinion of others (Luke 9:23-24).
6. I accept and submit myself to God's revealed will even if it is difficult and might cause others to criticize me and lose respect for me when I do so (Matt 5:5, 10-12).
7. I am content with the providence and daily provisions of God for my life (Phil 4:10-13; Heb 13:5-6).
8. I delight in worshiping and praising God (Ps 34:1-3; Ps 108:1-5; Phil 3:3)
9. I am continually seeking God in prayer (Luke 18:1; Phil 4:6; 1 Thes 5:17)
10. I consider it a great privilege to serve Christ in small, insignificant, and unnoticed things—basin-and-towel things—as well as tasks that are considered by others to be important and that bring recognition.
11. I am content to acknowledge God's superiority of wisdom and knowledge; I don't require God to explain to me whatever He is doing; I rest in His wisdom and love and grace when the reasons for events and circumstances are not clear to me (Deut 29:29; Rom 11:32-36).
12. I realize that God doesn't owe me anything except hell and that any pleasures I experience in this life are wholly undeserved.
13. When I experience suffering or unpleasantness, I don't get upset or bitter with God; nor do I think or say, "How could God ever allow this to happen to me? God isn't treating me as well as I should be treated. I don't deserve this. I've tried to serve Him, I've read my Bible and prayed faithfully, I've gone to church regularly, I've given to Him, I've witnessed. I've tried to be moral. God should treat me better than this."

True Humility Inventory (regarding your behavior toward people)
From Wayne Mack's book "Humility", p. 91-93

True Humility Inventory
(regarding your behavior toward people)

Rate according to the following scale:

4=usually true of you

3=frequently true of you

2=sometimes

1=seldom

0=never

On the items for which you recognized your lack of humility, confess that lack to God as a sin and ask Him for help to change. Periodically, come back and complete this inventory again to evaluate your spiritual growth. Perhaps you would like to ask an honest, brave, and loving friend to rate you on these items as well.

1. I am not selfishly ambitious or greedy of the honor and appreciation of men.
2. I am not ostentatious around people; I don't try to impress people with my intelligence or abilities or status in life.
3. I am not arrogant, assuming, or presumptuous in my behavior toward people.
4. I am not scornful of, contemptuous toward, or demeaning to people.
5. I am not willful or stubborn in my behavior toward people.
6. I don't seek to level those who are over me or have authority over me; I show respect for and am willing to submit to God-ordained authorities.
7. I show respect for and am willing to submit to others who are not as educated or gifted as I may be.

8. I am not defensive when others rebuke me or criticize me.
9. I am willing to confess my sins and faults to others and frequently do so.
10. I am willing to accept instruction and correction from others.
11. I am willing to serve others and not be upset when I don't receive appreciation for what I've done.
12. It doesn't bother me when others are honored more than I am.
13. It doesn't bother me when others are honored for something I've done.
14. I am willing to sacrificially serve others even if they are not willing to serve or help me.
15. I am willing to sacrificially serve others even if it involves hardship and difficulty.
16. I am willing to listen to others rather than talk or express my opinion.
17. I am willing to seek and follow good counsel.
18. When I must make decisions, I seek the input and perspectives of others before acting.
19. I display a lifestyle of truthfulness even if others may be upset with me for telling the truth about what I have done or said.
20. I am Christlike in my attitude, words, and actions toward others.